



CASTEL
FRAGSBURG

THE SMALLEST 5-STAR HOTEL
IN THE ITALIAN ALPS

TREATMENTS AT CASTELLUM NATURA 1ST ALCHEMISTIC SPA

Venus Ritual

100 MINUTES - € 185,00

Connective tissue strengthening and body forming intensive treatment

Lymph stimulating salt-oil peeling · Purging sea weed base bath in the wooden tub · Crystal curative water infusions · Fresh seaweed wrapping to improve body contour with immediately visible results

Iemanja Ritual

90 MINUTES - € 135,00

Velvety skin and silky hair

Iris root peeling · Scalp and whole body massage · Body and hair intensive pack on the steam bed with cold-pressed coconut oil for cell regeneration · Daybed with harmonising colour therapy bath

Queen's ritual

90 MINUTES - € 180,00

Cell connective, pore-refining rejuvenation for face and neckline

Gentle violet blossom elixir cleansing · Apple enzyme peeling to improve the appearance of the skin · Nourishing hydro vitamin honey face mask · Tightening neckline oil wrap with honey and queen oil · Refreshing amethyst-basil tonic · Eye treatment with lime blossom compresses and an emulsion made from flower seed oil to reduce swelling · Smoothing skin serum with evening primrose fluid, pomegranate, rose and pure pearl dust, to make your skin shine

Cleopatra Ritual

90 MINUTES - € 130,00

Sensual care from antiquity

Honey-poppy body peeling · Wooden tub with goat's milk, honey, almond oil and fresh rose blossoms · Daybed with harmonising colour therapy bath · Wild rose uncton

Especially for men: Apollo Ritual

90 MINUTES - € 145,00

Intensive face and body treatment

Whole body peeling with apricot oil, honey, gemstone water, fresh herbs and flowers depending on season · Clarifying face mask with green clay, aloe vera, lavender and juniper oil · Eye treatment with lime blossom compresses and an emulsion made from flower seed oil to reduce swelling · Nourishing, cell-activating face fluid with Shea butter and wild rose oil · Back massage

Eos Ritual

90 MINUTES - € 145,00

Especially for women: Intensive face and body treatment

Skin refining body peeling with olive oil and fresh herbs of the season · Back massage · soothing face mask with oat, aloe vera and lavender · Swelling reducing eye treatment against lime blossom compresses and emulsion made from flower seed oil · Cell-activating face fluid with argan oil

4 Elements Ritual

90 MINUTES - € 130,00

Elementary forces are harmonizing body and soul

A unique experience of the senses: energetically cleaning smoke ritual with pure resins, collected by Renate, from our high mountain woods · Afterwards the body is moistened with lunar spring water and an earth-herb-peeling removes all dead skin cells · The following massage with river stones warmed by the sun and our alchemistic larch balm ensures a sensation of total relaxation and a good blood circulation in the muscles · Totally relaxed and with velvety soft skin you feel as if you are reborn

Wooden tub baths

30 MINUTES - € 55,00

Healing, fragrant, alkaline and inspiring in the panoramic lodge

Rose/mallow: harmonising

Marigold/lavender: soothing

Rosemary: stimulating

Yarrow: antispasmodic

Common horsetail: tissue strengthening

Body care

Whole body peeling

30 MINUTES - € 70,00

Facial treatments

Facial treatment for her

An intensive lifestyle and environmental factors harm our skin and leave visible tracks · Counteract early against the ageing process and enjoy our alchemistic skin-treatment with exclusive plant essences who were developed

especially for the demanding skin

Mini Facial - 25 Minutes · € 60,00

Classic Facial - 50 Minutes · € 130,00

Facial treatment for him

An intensive lifestyle and environmental factors harm our skin and leave visible tracks · Counteract early against the ageing process and enjoy our alchemistic skin-treatment with exclusive plant essences who were developed

especially for the demanding skin

Mini Facial - 25 Minutes · € 60,00

Classic Facial - 50 Minutes · € 130,00

Eye treatment

15 MINUTES - € 30,00

Relaxing, swell efficient eye treatment with our exclusive blossom and gemstone compresses and an emulsion from flower seed oil

Lip treatment

15 MINUTES - € 30,00

Lip zone treatment for the sensitive and tender area around the mouth ·A gentle peeling and the skin function oil which will be applied with gemstones tone the sensitive mouth area and fine expression folds are smoothed

Eyebrow shaping - 25 minutes · € 30,00

Eyebrow colouring - 25 minutes · € 25,00

Eyelash colouring - 25 minutes · € 25,00

Manicure

Manicure without nail polish - 50 minutes · € 45,00

Manicure with nail polish - 70 minutes · € 55,00

Removing gel polish – 15 minutes · € 20,00

Only nail polish without manicure - 20 minutes · € 20,00

Pedicure

Pedicure without nail polish - 50 minutes · € 60,00

Pedicure with nail polish - 70 minutes · € 70,00

Only nail polish without pedicure - 20 minutes · € 20,00

Epilation

Epilation arms – 30 minutes · € 40,00

Epilation superior lip – 10 minutes · € 10,00

Epilation eyebrows – 20 minutes · € 30,00

Epilation bikini total – 30 minutes · € 50,00

Epilation armpits – 15 minutes · € 25,00

Epilation armpits and bikini partial - 40 minutes · € 55,00

Epilation legs up to the knee – 30 minutes · € 45,00

Epilation legs complete – 60 minutes · € 70,00

Epilation back and chest – 45 minutes · € 60,00

Massages

Relaxation massage with hot rose compress

Relaxation massage with alpine mountain herb compress

45 MINUTES - € 85,00

With the warm herbal stamp massage a self repair mechanism in the body is released · Oils and herbs provide an intensive cleaning and care of the skin, the blood circulation is stimulated and the musculature becomes relaxed

Après sport massage with jojoba and St. Johns' wort

PARTIAL BODY - 25 MINUTES · € 45,00

WHOLE BODY - 50 MINUTES · € 90,00

A strong depth tissue massage which works on all muscles intensely and activates the blood circulation · St.John's wort oil warms the musculature, supports the metabolism to detox after sport activities and provides lasting wellbeing

Vital massage with rosemary and meadowsweet

50 MINUTES · € 85,00

Aroma massage

50 MINUTES · € 95,00

Aromatic oils invigorate the senses · Gentle, rhythmic movements have a positive effect on the muscles, enhance general wellbeing and restore the balance between body and mind · According to your state of mind you can choose your perfect formula:

"Fruity with lemon basil"

"Sensory with ylang-ylang",

"Herbal & fresh with Cistus/Nard/Galbanum "

Ayurveda massage

50 MINUTES · € 110,00

Energetic whole body massage with warm precious sesame oil · New energies are set free and wellbeing and harmony are given

Recovered legs

30 MINUTES · € 50,00

Tired legs are animated by an alkaline footbath and an herb and salt peeling · Afterwards the foot and calves massage lends them new swing

Heath massage

25 MINUTES · € 40,00

This gentle massage solves tensions in the head and cervical area and gives lightness and wellbeing