

RESORTS

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Castel Fragsburg, Merano




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Trentino Alto Adige is a region
for all seasons. Merano even
more, thanks to its shops, spas
and the pretty old town with
Art Nouveau buildings.
We tried two hotels among
the excellence of city
hospitality.

di Paolo Levi

MERANO

Castel Fragsburg

Merano

Thanks to the Ortner family, who bought it in 1954, Castel Fragsburg “maternum”, a former hunting lodge from the 17th century, is today the smallest 5-star Relais & Chateaux in the Alps. A meticulous work developed over time and which today can accommodate, in its 20 suites, all different from each other, a select clientele eager to spend days marked by relaxation, sport, spa and gourmet food. Castel Fragsburg “paternum”, located higher on the top of the cliff and already used today for events and weddings, is the original castle of the fourteenth century and will be - for sure - the future of the family, who will make it a jewel of Sudtiroil in the coming years.

Arriving in one of the suites - we tried the Deluxe - you are immediately struck by the magnificent Liberty and Decò style antique furnishings as well as by the use of the typical

Paolo Levi





wood of the region. Going out on the terrace you can enjoy a magnificent view of the mountains of the Gruppo di Tessa and the whole valley of Merano, surrounded by woods, vineyards and apple orchards.

The property has a park of over 50,000 square meters, and, with a beautiful stroll, you can reach the suggestive waterfall of Rio Sinigo - also called Fragsburg - which, with a 135-meter drop, is the highest in South Tyrol. For those who love cycling, the Resort offers excellent assisted bikes to discover the beauties of the surroundings, and our advice is to take advantage of them.







Having arrived at the moment for relaxation, go down the flowery and colorful path to reach the heated swimming pool with hydromassage.

The Resort's pride is the healing SPA, the "Castellum Natura", the first of its kind in the world, conceived and developed by the sweet Renate De Mario Gamper, passionate and modern alchemist and herbalist. Renate personally prepares all the creams and elixirs based on flowers and aromatic herbs grown in the gardens of the property.

She is also a specialist in the art of fumigation and a nutritionist. We are sure that she will be able to suggest an excellent personalized wellness program for you.





Culinary art is the staple of Castel Fragsburg, starting from the very rich breakfast Royale inserted by Vanity Fair - among the top ten in Italy - and then the gourmet proposal of the chef Egon Heiss, awarded the Michelin star for the year 2021.

Heiss loves contrasts of clear and easily recognizable flavors, and his motto is: "leaving out the superfluous is the most perfect of the arts". An invitation to let yourself be carried away by the senses and the heart in a gastronomic journey where passion and dedication come together in the Prezioso restaurant. This, located in the glass loggia, with climbing roses around it and also with tables on the panoramic terrace of the Orangerie, offers a fine five-course menu that changes every day. We recommend combining it with high quality South Tyrolean white or red wines proposed by the rich menu.

Maternum and Paternum ...as if in a fairy tale with a happy ending.



INFO

CASTEL FRAGSBURG
Merano, Italia

www.fragsburg.com

Rooms & Suites 20
Villas 0 - **Restaurants** 2
Spa yes
Children no

Chain none
Affiliation R&C
Activities relax, sport, spa

Score	92
Environment	95
Design & Art	91
Service	89
Cuisine	100
Health	84
Spa	97
Rooms	90